

## 2021 UCO Endeavor Games COVID Plan

This document is subject to change at any time, in accordance with the United States Olympic and Paralympic Committee Sports Event Planning Considerations and local, state, and federal COVID-19 guidelines.

### Participant Types

- Tier 1: individuals who may have direct, close contact with athletes; this includes athletes, officials, coaches, classifiers, medical, and spectators (family).
- Tier 2: individuals who don't have direct, close contact with athletes; this includes volunteers, local sponsors and national partners, media, and event staff.

It is the responsibility of every event participant to protect their own health, as well as the health of others.

### General Information

- Tier 1 and/or Tier 2 participants **cannot** attend or participate in the 2021 UCO Endeavor Games in-person if:
  - They have tested positive for COVID-19 within 14 days of the start of competition.
  - They still have a fever or it has been less than 24 hours with no fever without the use of fever reducing medicine.
  - They have other persisting symptoms common to COVID-19 (difficulty breathing, cough, body aches, etc.).
  - They have new symptoms common to COVID-19 (difficulty breathing, cough, fever greater than 100.4 F, loss of taste/smell, etc.).
  - They have been exposed to someone with known or suspected COVID-19 infection within 14 days of the start of competition.
- While at the 2021 UCO Endeavor Games in-person, Tier 1 and Tier 2 participants will:
  - Conduct a daily self-assessment for symptoms common to COVID-19:
    - Any new cough, shortness of breath, or difficulty breathing in the last 48 hours?
    - Fever of 100.4 F or higher in the last 48 hours?
    - Chills, body aches, runny nose, congestion, sore throat, head ache in the last 48 hours?
    - New loss of taste or smell in the last 48 hours?
    - New gastrointestinal symptoms in the last 48 hours?
- Any participant who develops symptoms common to COVID-19 while at the 2021 UCO Endeavor Games in-person will:
  - Report those symptoms to event staff.
  - Quarantine themselves from the event and other participants.
  - Be provided a list of available of local testing locations.
  - No longer be permitted to participate in the Games in-person.
- Reminders for Tier 1 and Tier 2 participants:
  - Masks must be worn properly—fully covering the nose and mouth—by individuals who are not fully vaccinated. Mask usage is not required for fully vaccinated individuals.

- Physical distancing of 6 feet or more is required between yourself and others who are not within your same household for individuals who are not fully vaccinated. Physical distancing is not required for fully vaccinated individuals.
- Avoid touching the hands of others (handshakes, high fives, etc.).
- Don't share personal items with others.
- Hand washing and sanitization should be done frequently. Sanitizers will be accessible and available at all venues.
- If you feel more comfortable wearing gloves, be sure they are non-latex.
- Utilization of the CDC's Coronavirus Self-Checker is encouraged:  
<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/coronavirus-self-checker.html>
- Equipment and facility sanitization will occur using Oxivir Tb and/or Oxivir wipes (approved EPA list N cleaners)
- Hand sanitization will occur using hand sanitizer containing at least 60% alcohol
- Water, Powerade, and other drinks will be distributed by volunteers
- A fully vaccinated individual is one who has received their final COVID-19 vaccination at least two weeks ago

### **Venue Specific Guidelines**

- University of Central Oklahoma (UCO)
  - Face masks are required to be worn at all times while on campus property, both inside buildings and outdoors by individuals who have not been fully vaccinated. Fully vaccinated individuals are not required to wear masks, but may choose to do so.
  - Maintain physical distancing by allowing at least 6 feet between yourself and others—including in the stands/seating areas for individuals who have not been fully vaccinated. Fully vaccinated individuals are not required to physical distance, but may choose to do so.
  - Facilities used for the Endeavor Games (Wellness Center and Hamilton Field House) will undergo increased sanitization measures.
  - Frequent hand washing and sanitization is encouraged.
- Edmond Public Schools (EPS)
  - Face masks are required to be worn at all times while on campus property, both inside buildings and outdoors by individuals who have not been fully vaccinated. Fully vaccinated individuals are not required to wear masks, but may choose to do so.
  - Maintain physical distancing by allowing at least 6 feet between yourself and others—including in the stands/seating areas for individuals who have not been fully vaccinated. Fully vaccinated individuals are not required to physical distance, but may choose to do so.
  - Facilities used for the Endeavor Games (Edmond North High School and Cheyenne Middle School) will undergo increased sanitization measures.
  - Frequent hand washing and sanitization is encouraged.
- Mitch Park YMCA (Mitch Park)
  - Face masks are required to be worn at all times while on campus property, both inside buildings and outdoors by individuals who have not been fully vaccinated. Fully vaccinated individuals are not required to wear masks, but may choose to do so.

- Maintain physical distancing by allowing at least 6 feet between yourself and others—including in the stands/seating areas for individuals who have not been fully vaccinated. Fully vaccinated individuals are not required to physical distance, but may choose to do so.
- Facilities used for the Endeavor Games (Mitch Park YMCA pool area) will undergo increased sanitization measures.
- Frequent hand washing and sanitization is encouraged.

### **Classification**

- Track & Field and Swimming
  - Classification is by appointment only. Do not show up to the classification locations without an appointment.
  - Athletes being classified will:
    - Clean areas of their equipment that might be touched during the classification process prior to their appointment.
    - Wash and sanitize their hands prior to their appointment.
    - Have no more than 2 accompanying persons (as necessary) present for their appointment.
    - Arrive on time for their appointment.
    - Wear their masks properly for the duration of their classification appointment; any accompanying persons are also required to wear their masks properly for the duration of the appointment.
  - Classifiers will:
    - Sanitize the classification equipment and table between each appointment.
    - Wash and sanitize their hands prior to each appointment.
    - Wear non-latex gloves for each appointment, and gloves will be changed for each new appointment.
    - Minimize time spent in close proximity to athletes and each other as much as possible.
    - Wear their masks properly for the duration of each classification appointment.
- Venue specific guidelines for UCO and Mitch Park are to be followed.

### **Sport Specific Guidelines**

- Air Rifle Shooting
  - Clinic and competition
    - Shared equipment will be sanitized for each new shooter.
    - All equipment and surrounding area will be sanitized between each clinic and competition.
    - Athletes will:
      - Sanitize their hands before and after using equipment.
      - Be physically distanced from each other as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
    - All other Tier 1 and Tier 2 participants will:

- Be physically distanced from each other and athletes as much as possible.
        - Wear their masks properly for the duration of the clinic/competition.
        - Frequently wash and sanitize their hands.
      - Venue specific guidelines for UCO are to be followed.
  - Archery
    - Clinic and competition
      - Outdoor- no shared equipment unless absolutely necessary, in which case equipment will be sanitized between each new shooter.
      - Indoor- shared equipment will be sanitized for each new shooter.
      - All equipment and surrounding area will be sanitized between each clinic and competition.
      - Athletes will:
        - Sanitize their hands before and after using equipment.
        - Be physically distanced from each other as much as possible.
        - Wear their masks properly for the duration of the outdoor clinic.
        - Not be required to wear a mask while in outdoor competition:
          - Mask lanyards will be issued in athlete packet
          - Masks attached to mask lanyards will be worn to the shooting line
          - Athletes will remove masks, leaving the lanyard around their necks
          - Athletes will put their masks back on when leaving the shooting line for any reason
          - Athletes will wear masks at all times they are not on the shooting line
        - Wear their masks properly for the duration of the indoor competition.
      - All other Tier 1 and Tier 2 participants will:
        - Be physically distanced from each other and athletes as much as possible.
        - Wear their masks properly for the duration of the clinic/competition.
        - Frequently wash and sanitize their hands.
      - Venue specific guidelines for EPS and UCO are to be followed.
- Cycling
  - Clinic and competition
    - Shared equipment will be sanitized for each new cyclist.
    - All equipment and surrounding area will be sanitized between each clinic and competition.
    - Athletes will:
      - Sanitize their hands before and after using equipment.
      - Be physically distanced from each other as much as possible.
      - Wear their masks properly for the duration of the clinic.
      - Not be required to wear a mask while in competition:
        - Disposable masks will be issued in athlete packet

- Disposable masks will be worn to the start line
  - Athletes will dispose of masks prior to race
  - Athletes will collect new disposable masks at the finish line
  - Athletes wear new disposable masks while still at the competition site
- All other Tier 1 and Tier 2 participants will:
  - Be physically distanced from each other and athletes as much as possible.
  - Wear their masks properly for the duration of the clinic/competition.
  - Frequently wash and sanitize their hands.
- Venue specific guidelines for UCO are to be followed for clinic.
- Goalball
  - Competition
    - Shared equipment will be sanitized for each new athlete.
    - All equipment and surrounding area will be sanitized between each competition.
    - Athletes will:
      - Sanitize their hands before and after using equipment.
      - Be physically distanced from each other as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
    - All other Tier 1 and Tier 2 participants will:
      - Be physically distanced from each other and athletes as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
      - Frequently wash and sanitize their hands.
    - Venue specific guidelines for UCO are to be followed.
- Powerlifting
  - Clinic and competition
    - Shared equipment will be sanitized for each new lifter.
    - All equipment and surrounding area will be sanitized between each clinic and competition.
    - Athletes will:
      - Sanitize their hands before and after using equipment.
      - Be physically distanced from each other as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
    - All other Tier 1 and Tier 2 participants will:
      - Be physically distanced from each other and athletes as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
      - Frequently wash and sanitize their hands.
    - Venue specific guidelines for UCO are to be followed.
- Sitting Volleyball
  - Clinic and competition

- All equipment and surrounding area will be sanitized between each clinic and each game.
    - Athletes will:
      - Sanitize their hands before and after using equipment.
      - Be physically distanced from each other as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
    - All other Tier 1 and Tier 2 participants will:
      - Be physically distanced from each other and athletes as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
      - Frequently wash and sanitize their hands.
    - Venue specific guidelines for UCO are to be followed.
- Swimming
  - Clinic and competition
    - Shared equipment will be sanitized for each new athlete.
    - All equipment and surrounding area will be sanitized between each clinic and competition.
    - Athletes will:
      - Sanitize their hands before and after using equipment.
      - Be physically distanced from each other as much as possible.
      - Wear their masks properly when not actively in the pool:
        - Disposable masks will be issued in athlete packet
        - Disposable masks will be worn to the starting block
        - Athletes will dispose of masks prior to race
        - Athletes will dry face and collect new disposable masks at the finish line
        - Athletes will wear new disposable masks while at the competition site, or until next race
    - All other Tier 1 and Tier 2 participants will:
      - Be physically distanced from each other and athletes as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
      - Frequently wash and sanitize their hands.
    - Venue specific guidelines for Mitch Park are to be followed.
- Table Tennis
  - Competition
    - Shared equipment will be sanitized for each new athlete.
    - All equipment and surrounding area will be sanitized between each competition.
    - Athletes will:
      - Sanitize their hands before and after using equipment.
      - Be physically distanced from each other as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
    - All other Tier 1 and Tier 2 participants will:

- Be physically distanced from each other and athletes as much as possible.
    - Wear their masks properly for the duration of the clinic/competition.
    - Frequently wash and sanitize their hands.
  - Venue specific guidelines for UCO are to be followed.
- Track and Field
  - Clinic and competition
    - Shared equipment will be sanitized for each new athlete.
    - All equipment and surrounding area will be sanitized between each clinic and competition.
    - Athletes will:
      - Sanitize their hands before and after using equipment.
      - Be physically distanced from each other as much as possible.
      - Wear their masks properly when not actively warming up or competing:
        - Disposable masks will be issued in athlete packet
        - Disposable masks will be worn to the start line
        - Athletes will dispose of masks
        - Athletes collect new disposable masks at the finish line
        - Athletes wear new disposable masks while still at the competition site, or until next race/throw
    - All other Tier 1 and Tier 2 participants will:
      - Be physically distanced from each other and athletes as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
      - Frequently wash and sanitize their hands.
    - Venue specific guidelines for EPS are to be followed.
- Wheelchair Basketball
  - Clinic and competition
    - Shared equipment will be sanitized for each new athlete.
    - All equipment and surrounding area will be sanitized between each clinic and each game.
    - Athletes will:
      - Sanitize their hands before and after using equipment.
      - Be physically distanced from each other as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
    - All other Tier 1 and Tier 2 participants will:
      - Be physically distanced from each other and athletes as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
      - Frequently wash and sanitize their hands.
    - Venue specific guidelines for UCO are to be followed.
- Wheelchair Football
  - Clinic and competition
    - Shared equipment will be sanitized for each new athlete.

- All equipment and surrounding area will be sanitized between each clinic and each game.
  - Athletes will:
    - Sanitize their hands before and after using equipment.
    - Be physically distanced from each other as much as possible.
    - Wear their masks properly for the duration of the clinic/competition.
  - All other Tier 1 and Tier 2 participants will:
    - Be physically distanced from each other and athletes as much as possible.
    - Wear their masks properly for the duration of the clinic/competition.
    - Frequently wash and sanitize their hands.
  - Venue specific guidelines for UCO are to be followed.
- Wheelchair Softball
  - Competition
    - Shared equipment will be sanitized for each new athlete.
    - All equipment and surrounding area will be sanitized between each competition.
    - Athletes will:
      - Sanitize their hands before and after using equipment.
      - Be physically distanced from each other as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
    - All other Tier 1 and Tier 2 participants will:
      - Be physically distanced from each other and athletes as much as possible.
      - Wear their masks properly for the duration of the clinic/competition.
      - Frequently wash and sanitize their hands.
    - Venue specific guidelines for UCO are to be followed.

### **Transportation Information**

- Participants and/or families within the same household are encouraged to drive to the 2021 UCO Endeavor Games if possible.
- Venue to venue transportation will be offered in an adjusted format:
  - Vans will be limited to one participant (and others within their same household, as applicable) at a time.
  - Buses will have limited capacity and participants and/or families within the same household will be physically distanced within the bus.
  - Participants and/or families within the same household are encouraged to drive their own vehicles venue to venue at the 2021 UCO Endeavor Games if possible.

### **Special Event Information**

- Welcome Party:
  - Will take place entirely outside
  - Food will be pre-boxed



- Tables and chairs will be sanitized before and after the event, and between each participant's use
- Masks are to be worn properly for the duration of the event, except when actively eating or drinking
- Physical distancing is required, especially when eating and/or drinking
- Frequent washing and sanitization of hands is encouraged
- Venue specific guidelines for UCO are to be followed
- Athlete Banquet
  - Will take place entirely outside
  - Food will be provided by food trucks
  - Tables and chairs will be sanitized before and after the event, and between each participant's use
  - Masks are to be worn properly for the duration of the event, except when actively eating or drinking
  - Physical distancing is required, especially when eating and/or drinking
  - Frequent washing and sanitization of hands is encouraged
  - Venue specific guidelines for UCO are to be followed

For questions regarding this COVID plan, please contact Cassidhe Walker, [405-974-3411](tel:405-974-3411)/[cwalker68@uco.edu](mailto:cwalker68@uco.edu).